

Village Living

Volume 7 Issue 9 Walnut Village Retirement Community

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for yourself

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Orange County's most award-winning continuing care retirement community.

Join Us: Experience an Intimate and Heartwarming Slice of Americana with 'Those Folk'

This fall, take a walk down memory lane with folk songs that pine for home at The Americana Concert at Walnut Village. On November 14 from 1:30-3 p.m., you're invited to an afternoon of nostalgic, friendly folk music with local musical duo, Those Folk.

Join our community for an intimate and heartwarming slice of Americana by husband and wife duo Lawrence and Clare. Described as "transpacific troubadours," the Idylwild duo pride themselves on playing classic folk favorites, like "Country Roads" (John Denver), "Dream a Little Dream of Me" (Doris Day), and "Imagine" (John Lennon), just to name a few. Their live shows feature effervescent vocal



Lawrence and Clair of Those Folk are always entertaining.

harmonies performed alongside accordion, mandolin, banjo, guitar and keyboard. Known for their diversity and on stage charisma, Those Folk are an unforgettable act!

"Walnut Village Retirement Community is excited to host this wonderful husband and wife musical act," said Sales and Marketing Director Rich Hall. "We're equally excited to welcome residents and friends

from our community to attend and experience this fantastic concert."

Come spend a nostalgic afternoon with friends old and new. Mingle with residents and sing along to tunes by The Beatles, Julie Andrews, and Frank Sinatra, and take a tour of the community.

RSVP by November 10 to Marina by calling 714-507-7005. Valet parking will be available.



Enjoy Village Life Today!

Be our guest for a tour and lunch at Orange County's most award-winning continuing care retirement community. The weather is delightful and there is always something to enjoy at the Village. Schedule your tour today by calling 714-507-7005. Let us show you how great village life can be!

Staff Profile

Sandy Liebman is the 'Go-To' Person at Walnut Village

Come to Walnut Village and we'll take care of all your day-to-day chores so you're free to do all the things you love. Our entire staff is here for you, and they get quite a bit of satisfaction knowing they're helping you live your life the way you choose.

But on the occasion that you do have a problem – whether it's a question or concern, or a bigger roadblock in your pursuit of happiness – and you're not sure where to turn or who to call, then we have just the person: Sandy Liebman, director of resident services.

Every resident knows Sandy. She's one of the first people they meet. She orients them to the campus, escorts them to their new home, ensures their move-in experience is trouble-free, and gives them a tutorial on the appliances and the smart-home technology found in many apartments and cottages.

"My number one priority is making sure residents are happy and their needs are met," Sandy said. "I do a little bit of everything, from setting up computers on WiFi, to scheduling transportation and helping



Sandy Liebman makes residents her number one priority.

residents with online ordering. If any repairs need to be done, I'm the liaison with our maintenance team."

And that's just the start. No matter what you need, Sandy will either solve the problem herself, or she'll expedite the request with the right person on the staff. And the word "no" is something residents will rarely hear.

Upon move-in, new residents will get Sandy's cell and office phone numbers, or they can just pop into her office and say, "hello."

"Some days when I arrive at work I have nothing on my calendar, but as soon as I begin talking to residents

GO-TO PERSON CONTINUES ON PAGE 4

Walnut Village Transportation Services Help Resident Stay on the Move

Mornings at the Farmers' Market, afternoons driving along the coast, or even simple grocery runs. These are just a few of the ways residents can spend their time in Orange County thanks to Walnut Village's transportation service.

"Our goal is to make sure everyone is happy... and on time," says Ralph Martinez, transportation coordinator. With a total of five different vehicles, including two mid-size wheelchair vans, two busses (one of which accommodates wheelchairs) and a full-size



The Walnut Village team is ready to assist residents with their diverse transportation needs.

sedan at their service, residents can be just that. Whether it's an outing to a concert or a simple ride to a medical appointment, the transportation staff is dedicated to getting residents to their destination in a safe and timely manner.

It's not just the size of vehicle the department boasts; It's also the many different levels of care provided during outings. Residents from a number of different living areas including

ON THE MOVE CONTINUES ON PAGE 4

Resident Profile

Olympic Runner Bob Soth Goes for the Gold at Walnut Village

In the late 1950s and early 1960s America's Cold War with the Soviet Union was in full swing and resident Bob Soth was smack in the middle. Bob, an up and coming world-class long-distance runner, had one thing on his mind ... "Beat the Russians!"

Bob's best finish at an Amateur Athletic Union meet was third in the 10,000 Meters in 1959. He also placed fourth in the 5,000 Meters in 1956 and 1960. Bob won a bronze medal in the 10K at the 1959 Pan American Games. It's now July 1959 and Bob faced his biggest challenge, competing against two elite Russian runners in the 10,000 Metres.

The USA-USSR dual meet was held at Franklin Field in Philadelphia and Bob was one of the two American entrants. It was a brutally hot July day, and the pace was slow. At around 8,000 Meters, the two Soviet runners led, followed by Bob. One of the Soviets was overcome by heat and Bob made his move into second place. But Bob



Bob Soth, far right, competes during the 1950s.



Bob Soth with one of his running trophies.

shortly also fell victim to the heat, running in an odd, backward lean indicating he was in serious trouble. After almost a full lap of that, he collapsed and became unconscious. Fortunately, he fully recovered and no long-term damage ensued.

"Sure I was disappointed but I was competing against two top-notch Russian athletes," he said. "There was a lot to be proud of. At that time in history, all athletes wanted to beat the Russians." Although defeated in that race, it has become known in racing circles as a meet that displayed Bob's competitive spirit. So much so that Bob went on to compete in the 1960 Olympics in Rome and placed seventh in one of the preliminary heats failing to make the finals in the Men's 5,000 Meters.

"I learned a lot as a competitive runner about my self-worth and gained a lot of confidence that helped me as a teacher and in life in general," Bob said. Bob competed a few more years but then decided to pursue a career as a high school teacher and part-time track coach.

Bob continued to go for the gold when looking for a retirement community. At Walnut Village Bob felt an immediate feeling of friendship. And if there is any doubt Bob enjoys living at Walnut Village just look at his name tag. "I'm a happy Villager," it says, and Bob would not have it any other way.

around campus, requests start coming in,” Sandy said. “I like the fact that residents see me and feel comfortable calling to my attention something they need or desire. There is no better feeling knowing each day I make residents’ lives a little better.”

Sandy started at Walnut Village six years ago as a part-time fitness trainer in the Wellbeing Center and has a background in hospitality. She enjoyed working with residents so much that when the opportunity to apply for the resident services director position came about she jumped at the chance.

“The residents are always so appreciative when I help them,” Sandy said. “That’s what makes my day. Anyone can have a job, but when the people at your job become your family it doesn’t feel like work.”

If you’re taking an inventory of all the great amenities offered at Walnut Village, make sure you add Sandy Liebman to your list.

independent living, assisted living and Summer House memory care, are all accommodated by staff while aboard Walnut Village vehicles.

Individual needs are also accommodated by request, whether it be for a trip to the hair salon, or the local pharmacy. Residents need only fill out a simple form with which the transportation staff is more than happy to assist by telephone or in person. Ralph often stays past 5 p.m., the latest of all drivers, to ensure that residents with late appointments are taken care of and safely returned to the community.

“They are outstanding,” says Walnut Village resident Ruth Brill, who frequently praises the transportation staff for their dedication. As she uses their services on a regular basis for medical appointments and trips to Costco, Ruth says their services like helping residents carry and load heavy items, never fail to impress her. “Very efficient and very caring,” she said.

When met with praise, Ralph smiles and humbly replies, “I’m just helping the people I care about ... one ride at a time.”

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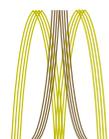
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